

# Human Services

Do like working with children and people? Are you interested in psychology? Do you want to learn more about yourself? Do you want to improve your people & communication skills? If so, then the CDC Human Services Program might be for you! In this two-year program, students will learn about: child, adolescent, adult & elderly development, working with children, families & the elderly, substance abuse, mental illness, skills for the workplace, careers in Human Services, child & elder abuse, healthy relationships, communication, teamwork & people skills, healthy living issues, & more! Students will gain hands-on experiences by spending class time at local preschools, childcare centers, elementary schools, & elder services. Human Service careers will be explored which will include: teaching, childcare, counseling, social work, therapist, psychologist, school counselor, medical field, & legal field.

**High School Credit (s):** 3 credits earned in Human Services 1 (**Elective**)  
3 credits in Human Services 2- (**1.0 Social Studies, 2.0 Elective**)  
\* Social Studies credit cannot be in place of US or World History credits.

**Certification(s):** CPR

**Grades:** 10<sup>th</sup> – 12<sup>th</sup>

**Numerically Graded**

**Year Long** (each program)

*Students should have a 70% or above in grade level math, & a 75% or above  
in 10<sup>th</sup> grade English & instructor permission*

## Introductory Class to the Human Services Program

**Introduction to Mental Health:** What is “normal?” We all have our own little quirks that make us uniquely individual, but at what point do we say that someone has a mental illness? In this course students study mental illness: risk factors, symptoms, treatment & the impact that mental illness has on society. Students also learn about careers in the mental health field & discuss what it is like to deal with people with mental illness. Class work will include several feature length films, class discussions, individual & group projects.

**High School Credit(s):** 0.5 credits earned towards elective credit.

**Grades:** 9<sup>th</sup> – 11<sup>th</sup>

**Numerically Graded**

**One Semester Long**