Southwest Vermont Regional Technical School District

## CONCUSSION MANAGEMENT

**Policy # 5120C** 

## **Statement of Policy**

The purpose of this policy is to safeguard Southwest Vermont Regional Technical School District students who have experienced concussions. This policy provides context and clarity for students, school personnel, and parents/guardians by identifying concussions and managing students' return to learn. 10

## 1. Applicability

This policy applies to all students who have experienced concussions. This includes concussions in or out of school.

## 2. <u>Definitions</u>

**Concussion:** A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow or jolt to the head. Concussions can also occur from a fall or blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild bump to the head can be serious.

Children and adolescents are among those at the greatest risk for concussion. The potential for a concussion is greatest during activities where collision can occur, such as during physical work and worksite activities even when hardhats and other protective equipment is utilized. Concussions can happen any time a student's head comes into contact with a hard object, such as a floor, desk, or another student's head or body. Recognition and response to the concussion can prevent further injury and help with recovery.

**Licensed Healthcare Professional:** Physician licensed to practice medicine in all of its branches in one of our surrounding regional states. These licensed professionals include medical doctors (MD or DO), Advanced Practice RN (APRN) or Physician's Assistant (PA). This may also include an athletic trainer, or other health care provider, licensed pursuant to Title 26, who has within the preceding five years been specifically trained in the evaluation and management of concussions and other head injuries.

**Return to Learn:** The steps and procedures required for a student to safely return to the academic environment, including lab, shop, or jobsite learning pursuant to the recommendation of their Licensed Health Care Professional.

|  | Date Warned | Date Adopted | Replaces Policy |
|--|-------------|--------------|-----------------|
| Southwest Vermont Regional Technical School District | 10/21/24    | 11/18/24     | N/A             |